



PURE

HEALTH & BEAUTY

Professional Beauty Treatments
Relax & Pamper Yourself At Pure

TREATMENT LIST



EVE TAYLOR LONDON FACIALS

Eve Taylor London is truly passionate about natural skincare, harnessing the power of aromatherapy and botanicals to enhance skin and wellbeing.

Eve Taylor[®]

LONDON

Est. 1963

Essential Facial

This prescriptive facial includes cleanse, steam and gentle exfoliation to prepare the skin to absorb aromatic massage oils and luxurious treatment mask. Skin is left replenished, hydrated and protected.

£35.00 45mins

Skin Quenching Facial

Restore hydration to your skin with our Skin Quenching Facial. Plumps the skin and softens fine lines with moisture infusing hydrators. Ideal for parched post-holiday skin, or to prep skin before summer getaways.

£42.00 1hr

Ultra Bright Facial

Illuminate dull, lackluster, pigmented skin with this brightening facial. Professional resurfacing smoothes and softens the skin ready for Vitamin C rich serums and speciality masques. Illuminating moisturiser protects and re-energizes, leaving skin flawlessly radiant, bright and glowing.

£42.00 1hr

Skin Rescue Facial

The Skin Rescue Facial gives instant relief to sensitive complexions. Therapeutic Oatmeal instantly soothes and calms the skin, targeting irritation, whilst botanicals support and ease redness for skin that's happy, soothed and resilient to environmental aggression.

£42.00 1hr

Age Resist Facial

The age resist facial refines and resurfaces prematurely ageing skin to reveal a smooth, soft complexion. Potent antioxidants defend and protect against environmental aggressors whilst stimulating fresh new healthy tissue. Skin is left looking radiant and beautiful regardless of age. Age range 25-50.

£44.00 1hr

Cryogenic Facial

The cryogenic facial offers the ultimate in skin firming and nourishment. Professional resurfacing smoothes and refines the skin surface while expertly blended age defying formulations and speciality masques tonify the skins surface leaving skin smooth, soft and rejuvenated. Age range 50+.

£44.00 1hr

Relax...

At Pure Health & Beauty our aim is to offer you the ultimate relaxation experience to help improve your mood and overall wellbeing. We pride ourselves on providing high quality service by fully qualified beauty therapists, using some of the finest professional products and techniques. Take a look through our extensive treatment list and indulge in one or many of our top to toe treatments.

Teen Clean Facial

Created specifically for teenagers, the Teen Clean Facial deeply cleanses the skin and exfoliates, unblocking the pores and clearing the skin. A refreshing masque soothes and reduces redness, calming breakouts and invigorating problematic skin before mattifying balm leaves the face looking fresh, clean and clear.

£32.00 45mins

Essential Facial, Scalp & Back Treatment

Discover the ultimate feeling of relaxation and wellbeing with Pure's most popular face & back treatment. Aromatherapy products are selected to deeply cleanse, gently exfoliate and prepare the skin ready to absorb aromatic massage oils and luxurious facial masques. Skin is left replenished, hydrated and protected. Muscle tension is eased with a relaxing scalp and back massage included.

* BLISS

£52.00 1hr 30mins

SPECIALISED FACIALS

DERMAPLANING

Dermaplaning is a facial treatment which removes dead skin and vellus hair from the face and jawline creating softer, smoother skin. The skin instantly appears brighter and allows for deeper absorption of facial products. Great for skin which is dull or dry, acne scars, sun damaged or with fine wrinkles.

£37.00 45mins

DERMALUX FLEX - LED LIGHT THERAPY

Using LED Light Therapy this facial uses the power of light to stimulate the skin, re-new cells, restore radiance, boost collagen and repair. A gentle non-invasive treatment with no downtime.

* NEW

Dermalux®
○○○○

45 Minute Facial

Includes cleanse, tone, exfoliate, 30 minutes of Light Therapy and moisturise including SPF

Course of 6 Treatments

20 Minute LED Light Therapy Facial

Add on to any of our facials.

£40.00

£210.00

£18.00

CRYSTAL CLEAR MICRODERMABRASION

Crystal Clear Microdermabrasion treatment allows you to treat lines & wrinkles, dull dehydrated skin as well as being an amazing breakthrough treatment for acne scarring and sun damaged skin. By gently exfoliating the outer layers of skin the treatment can be used to solve a wide range of skin concerns.

Beauty Flash Microdermabrasion

Instantly rejuvenates & lifts tired skin.

£38.00 45mins

£99.00 Course of 3

Deluxe Microdermabrasion

A more in depth treatment for fine lines, wrinkles, acne scarring & pigmentation. Includes an intensive hydrating & lifting mask.

£48.00 1hr 10mins

£130.00 Course of 3

DERMALIFT MICROFACE INTENSE

Standard Microface Non-surgical Facial

A complete workout for the face focuses on creating a lift in the contours of the face by firming & toning the key facial muscles. Results will reduce wrinkles & even out fine lines.

£48.00 1 hr 15mins

Luxury Microface Non-surgical Facial

This luxury facial includes AHA exfoliator, Microface Non-surgical Facial, 20 minutes LED Light Therapy & Cryogenic Firming Mask. Results will reduce wrinkles, even out lines and leave skin revitalised and rejuvenated.

£72.00 2hrs

A Course of 6 Treatments is recommended for optimum results. The course consists of 2 Luxury Dermalift Facials & 4 Standard Dermalift Facials.

£290.00

EVE TAYLOR SPA BODY TREATMENTS

The Eve Taylor Spa Body experience is an aromatic journey for your body and senses to bring about balance and wellbeing. Combined with relaxing, stimulating and soothing treatments for ultimate relaxation.



Massage

Swedish massage which helps to relieve stress and tension.

Back Massage	£29.00	30mins
Full Body Massage	£42.00	1hr

Warm Bamboo Massage

Warm bamboo massage is a unique new way to relax tight muscles and release stress and tension. Using gently warmed bamboo to create a deep relaxing massage. If you like deep tissue massage, this treatment is for you.

Back Massage	£32.00	45mins
Full Body Massage	£50.00	1hr 15mins

Hot Stones Massage

Let the warmth of the stones penetrate deep into the muscle tissue. The ultimate massage to relax the mind and body to its deepest level.

Back Massage	£32.00	45mins
Full Body Massage	£50.00	1hr 15mins

No Hands Massage

Back Massage
This is one of the most powerful ways to release the tension and undo all the knots in your spine, hips and neck. The unique approach of **NO HANDS** means that you are able to free up not only your back but also your whole energy!

Full Body Massage	£42.00	1hr
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The full body **NO HANDS** massage is an unbelievable experience! From beginning to end you can feel yourself enveloped in the healing power of the most powerful touch. Your body can take whatever it needs from this treatment, whether it is nurturance, connection, release or rejuvenation. The power of touch felt through your whole body.

Pregnancy Massage

Pregnancy massage can be of enormous benefit not only to the Mother but also the unborn baby. The massage can help alleviate aches & pains, improve circulation & help reduce stress & anxiety during pregnancy.

Back Massage	£32.00	30mins
Full Body Massage	£45.00	1hr

Anti-stress Back Treatment

Drift away on an aromatic journey to a world of relaxation. Hand blended essential oils give you the ultimate in relaxation combined with the power of touch and expert massage techniques. A thermal body mask helps to ease any discomfort and tension leaving your mind and body soothed and refreshed.

* RELAX

Purifying Back Treatment

Using purifying essential oils to deep cleanse and unclog the skin this treatment targets a problematic back area. Zones in on breakouts to help clear blemishes with powerful botanicals while our detoxifying seaweed mask deep cleanses and re-mineralises the skin.

	£26.00	30mins
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Body Glow!

Full Body Exfoliation

Our finely ground sea salt infused with essential oils of Jasmine and Ylang Ylang soothe the senses while the dull, dry skin cells are buffed away. Skin drenching moisturisers conclude the treatment leaving skin feeling soft, smooth and hydrated.

£32.00 **45mins**

Indian Head Massage

An ancient massage involving rhythmically massaging the shoulders, neck and scalp. Both relaxing and stimulating. Ideal for sufferers of tension and headaches.

£30.00 **45mins**

Hopi Ear Candles

An alternative therapy to help relieve sinus and ear problems. The candles create a chimney effect drawing unwanted impurities out. This ancient technique can help loosen wax deposits whilst a soothing massage of the eyes, sinuses, neck & shoulders relaxes the mind.

£30.00 **45mins**

**An aromatic journey
for your body and
senses to bring about
balance and wellbeing...**





TANNING

St. Tropez Spray Tanning

St. Tropez Spray Tan Treatment gives you a fast, flawless tan in a controlled environment. The tan is applied and tailored by our therapists and takes no more than 30 minutes from start to finish.

St. Tropez Full Body Spray Tan

£24.00

St. Tropez Half Body Spray Tan

£20.00

FOR THE EYES

Eyebrow Shaping

Tweezers or Waxing

£10.00

Eyelash and Eyebrow Tinting

Eyebrow Tint

£9.00

Eyelash Tint

£14.00

Eyelash Tint, Eyebrow Tint and Eyebrow Wax

£30.00

Henna Brows

Henna brows are a form of natural eyebrow tinting that is used to also stain the skin beneath the brow hairs. The purpose of this is to cast a shadow or create an illusion of depth and fullness in the area, visually filling in any sparseness. Includes eyebrow shaping to sculpt your brow line into your preferred shape.

£26.00

Lash Lift

Enhance the eyes by lifting and curling the lashes, lasting up to 6 weeks! Includes an eyelash tint.

£36.00

Semi - Permanent Eyelash Extensions

Half a set of lashes

£30.00 includes lash tint

Full set of lashes

£50.00 includes lash tint

Infills

Starting from £27.00

*please note that any tinting/henna, lash lift or eyelash extension treatment require a patch test 24 hours prior.

HANDS AND FEET

File and Polish

Shaping of the nails and polish application. £15.00
On either fingers or toes.

Mini Manicure

Includes shaping of the nail, cuticle care and polish application. £20.00

Manicure

Includes shaping of the nail, cuticle care, massage and polish. £25.00

Artistic Colour Gloss - Gel Polish

Say goodbye to chipping, smudging and peeling when you leave the salon. Enjoy high gloss colour that lasts up to 3 times longer than traditional polish.

Application £25.00

Removal £12.00

Removal and re-application £30.00

Express Pedicure

Includes nail & cuticle attention, removal of hard skin & polish. £24.00

Pedicure

Includes exfoliation, nail and cuticle attention, removal of hard skin, massage and polish. £30.00

Pedicure including Artistic Colour Gloss.

A full pedicure including Artistic Colour Gloss gel polish. £36.00
Including removal of existing gel polish. £41.00

Luxury Manicure or Pedicure

A full manicure or pedicure including the application of warm paraffin wax to help the absorption of treatment oils. Excellent for dry skin, aching joints and arthritis.

Luxury Manicure £30.00

Luxury Pedicure £35.00

Soothing Massage with Warm Paraffin Wax

A massage on either the hands or feet including application of warm paraffin wax. £17.50
Excellent treatment if you suffer with arthritis, aches and pains or if your skin is dry and in need of some TLC.

HAIR REMOVAL

Waxing

Traditional soft warm wax or lavender wax for sensitive skin.

Lip or Chin £7.50

Lip and Chin £12.00

Underarm £9.00

Bikini £11.00

Forearm Wax £14.00

Half Leg £17.00

Three Quarter Leg £20.00

Full Leg £26.00

Full Leg and Bikini £33.00

Half Leg, Underarm and Bikini £34.00

Full Leg, Underarm and Bikini £39.00

Back or Chest £20.00

ST. TROPEZ


JESSICA®


— LONDON —

Artistic
COLOUR
GLOSS™

Relax & Pamper
Yourself At Pure...

Treatment List April 2023

Monday 9.00am - 5.00pm

Tuesday 9.00am - 8.00pm

Wednesday 9.00am - 8.00pm

Thursday 9.00am - 8.00pm

Friday 9.00am - 5.00pm

Saturday 9.00am - 2.00pm

PURE

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